



## Hadrian's Wall C2C – Silloth to Tynemouth

### Summary

Take between two and five days to experience Roman Britain along the entire length of Hadrian's Wall and take part in a coast to coast biking adventure with a difference. From the charming seaside town of Silloth on the Solway Coast to the historical headland at Tynemouth, this cycling trip explores the stunning Cumbrian coast, fascinating Roman history and rolling Northumberland countryside.

### Highlights

Visiting forts, turrets and watch towers along the Solway Firth coast  
Exploring museums and defensive forts dotted along the whole route  
The incredible sense of achievement having completed a journey from coast to coast

### Example 3 Day Itinerary

**Day 1.** Arrive in Newcastle and meet with our transport team who'll transfer you and your bikes and bags safely over to Silloth and the starting point of your historical biking adventure.

**Day 2. Silloth to Wetheral - 43 miles/69 km; 340 metres of ascent**  
Your journey begins in the coastal village of Silloth on the Solway Firth. Equipped with a set of comprehensive maps, GPX files and some top tips from our cycle travel experts, you're ready to set off on your cycling journey. Your first day of biking has a gentle introduction, with cycle paths sticking to the picturesque Solway Firth coast and skirting around marshland reserves and mud flats as it winds its way north. You'll get your first glimpse of Hadrian's Wall at Bowness-on-Solway and pass many fascinating Roman historical sites on your way to the Eden valley and your bed for the night.

**Day 3. Wetheral to Newbrough - 37 miles/60 km; 840 metres of ascent**  
Turrets, priories and Roman forts and camps litter your path east as you leave the Irish Sea far behind and head into the rolling Cumbrian countryside. You'll pass through historical towns and villages as you follow the path of Hadrian's Wall to Newbrough, a lovely village nestled in Northumbrian hills and your stop for the night.

**Day 4. Newbrough to Tynemouth - 41 miles/66 km; 550 metres of ascent**  
Corbridge Roman Site is your first glimpse of Roman history today as the route leads you ever eastwards towards the North Sea. Traffic-free cycle paths follow the meandering River Tyne right through the heart of Newcastle - a great place to stop for a late lunch. From here it's a leisurely twelve mile cycle to the historical castle and priory at the mouth of the River Tyne and your journey's end.  
Well done, you made it all the way from coast to coast along Hadrian's Cycleway! You can then collect your car or stay the night in the lovely village of Tynemouth for a well-deserved celebratory night out!

### Duration:

2 to 5 days coast to coast cycling  
2 to 6 nights' accommodation

Just let us know how many days you'd like to cycle for!  
We can also arrange a longer tour beginning in Ravenglass.

### Total Distance from Silloth to Tynemouth:

195 km or 121 miles

### Self Guided trip includes:

- Comfortable accommodation
- Baggage transfers
- Comprehensive maps, gpx files & list of services on the route
- Phone support from us
- One way transfer from Tynemouth to Whitehaven either at the beginning or end of the trip

### Available on request:

- Pick up and drop off from public transport links
- Bike and kit hire
- Accommodation in Tynemouth at the end of the trip

### Dates:

Self-guided trips are available between April and September for groups of 2 or more. Contact us with the dates you have in mind.

### What bike?

Hadrian's Cycleway can be ridden on a hybrid, road bike or mountain bike. See below for more details.

### To make a booking or for more information:

Email us: [info@trailbrakes.co.uk](mailto:info@trailbrakes.co.uk)  
Phone us: +44 (0)7922 653327  
or +44 (0)141 6286676



## Hadrian's Wall C2C – Further Information

### Accommodation and food

We use only tried and tested accommodation providers on our trips, many that we have worked with for years, so that we know that you will receive an excellent level of service. They provide everything you could need after a long day in the saddle from bike storage to hot showers, hearty breakfasts and comfortable beds. Accommodation in guest houses and hotels is always on a bed and breakfast basis and trip prices are based on two people sharing a room, unless otherwise arranged. Almost 100% of our accommodation is en-suite and we will let you know if it is not possible to book en-suite rooms. Wifi is now also pretty much universal in every location. If you would prefer hostel or bunkhouse style accommodation, breakfast is not included although most bunkhouses can provide meals at an additional charge. Bunkhouses will often have cooking facilities so that you can prepare your own meals if you'd prefer. Wherever you stay you will be able to get an evening meal at a pub or restaurant within walking distance. Lunches can usually be bought during the course of the day as you will be passing through towns or villages. It is advisable to carry plenty of snacks with you each day to keep the energy levels up!

Sole occupancy rooms are usually available in hotels or guest houses so please ask us if you'd prefer to have your own room. A single supplement of at least £30 per person, per night will apply (this will be more if a night in Newcastle is required).

### Clothing and kit

Northern England receives a generally mild climate all year round with the Gulf Stream passing our western coastline. The east is generally a bit drier but cooler than the west, however conditions can and do change quickly especially on higher and more exposed areas. It can rain at any time of year, sometimes all day and we often get four seasons in a day, so come prepared! A full kit list is available on our website (<http://www.trailbrakes.co.uk/kit-list-equipment-recommendations>). General climatic information for the Lake District is available here: <http://www.lortonweather.co.uk/Analysis-2011.htm>. Up-to-the-minute weather forecasts for specific regions of the UK are available at the met office website (<http://www.metoffice.gov.uk/public/weather/forecast/>).

It is advisable to bring a small back-pack with you on your trip, in which you can carry spare clothes, snacks and basic spares and tools that you might need during the course of a day on the bikes. Alternatively, if you're hiring bikes, we can provide pannier bags at an additional cost in which to carry supplies for the day.

### The route

Hadrian's Wall C2C (also known as Hadrian's Cycleway) is a well-used National Cycle Network route, along quiet country roads, purpose built cycle paths and disused railways. There are some short, steep climbs and some prolonged, easier gradient climbs along the route, but these are mainly on quite country roads. This trip, if completed in 3 days, has a Fitness Grading of 4 which means that you should have a good level of fitness from regularly taking part in cycling-based activities. You are comfortable riding for up to 5 hours per day along mostly gently undulating terrain but there may be the occasional short, steep climb.

### What bike?

The Hadrian's route is perfect for road, hybrid or mountain bikes. It is a good idea to fit mountain bikes with semi-smooth tyres to make pedalling on the roads a bit easier. It is possible to complete the route on road bikes, but to avoid some of the rougher unpaved sections we will alter the official route slightly. We can advise you on the best detours to take and provide the correct maps and gpx files for your type of bike. Please be aware that there are unavoidable sections of the Hadrian's route, east of Corbridge, that are on unsealed surfaces but these can easily be completed on road bikes if you take care. Please ask us if you need any further advice.

## **Bike hire**

It is always more comfortable for you if you can use your own bike but we can provide you with quality hybrid bikes if required, which are a perfect option for the route. They have plenty of gears to help you make it up those climbs and are supplied with a spare inner tube, puncture repair kit, pump, lock, bottle holder and pannier rack. Pannier bags can also be provided by prior arrangement. If you need to hire a bike, please let us know at the time of booking and we will make sure that we get the right bike for you.

Hire bikes are provided with comfortable touring-style saddles and standard flat pedals. You are welcome to bring your own saddle and/or clipless pedals to make your ride more comfortable. Please note that, if you're taking part in a self guided trip, you may have to change your saddle and/or pedals yourself so please bring suitable tools (a pedal spanner and set of allen/hex keys) with you in order for you to do this.

## **Self guided trips**

Our self guided trips are the most popular choice and are designed for cyclists who are comfortable carrying their own basic tools and spares along with them each day so that they can fix any minor technical issues encountered along the route (punctures etc.). We will organise quality accommodation, bag transfers each day, detailed information about the route, official maps of the route, pick-up and drop-off at locations convenient for your travel plans and a comprehensive list of bike shops that are located along the route. We will always be only a phone call away should you require any additional advice/support so you'll never be truly on your own!

## **Fully supported trips**

Our fully supported cycling trips are designed to provide you with a completely hassle-free biking holiday experience. We will organise every aspect of your trip including quality accommodation, bag transfers each day, detailed information about the route, official maps of the route, pick up and drop off at locations convenient for your travel plans and full support from our friendly, knowledgeable back-up team in case of technical (or physical!) emergencies. We will provide a back-up vehicle full of spares and tools to carry your baggage between your accommodation each day. Our drivers are proficient bike mechanics so will be able to help you out with common technical problems. If the issue is a bit more serious, they will be able to take your bike to a local bike shop for some TLC. Their main aim is to keep you and your bike on the road!

## **Transport and baggage transfers**

We are always happy to help you to get to where you need to be as quickly and easily as possible. We can provide transfers from any local airport, train or bus station or ferry terminal to your accommodation at the beginning of your trip and back again at the end. Just let us know where and how you intend to arrive at your destination and we will arrange a pick-up for you. Please note that an extra charge may apply to cover fuel costs.

We transport your bags between each night's accommodation during your trip, leaving you free to carry a small day-pack containing some spare clothes, food and drink. Please note that baggage should be limited to one bag per person, not exceeding 20kg per bag unless prior arrangements are made.

## **Any questions?**

We've tried to cover everything on our website and this information pack but if you'd like some further information or want to ask us anything at all about our biking trips please don't hesitate to contact us on the details below:

Email: [info@trailbrakes.co.uk](mailto:info@trailbrakes.co.uk)

Phone: +44 (0)7922 653327 or +44 (0)141 6286676

**We look forward to seeing you on one of our fantastic biking adventures!**