



## Yorkshire Wolds – Circuit from Beverley

### Summary

The 146-mile Yorkshire Wolds cycle route makes for an unforgettable cycling holiday, starting and finishing in the beautiful market town of Beverley. The route explores the picturesque, rolling hills and stunning coastline of East Yorkshire in 3 or 4 days of fantastic cycling. En-route you can enjoy the views from dramatic clifftops and visit historic manor houses, national nature reserves, museums and lovely villages. The Yorkshire Wolds is the perfect location for a relaxing, scenic cycling holiday.

### Highlights

Visiting Beverley Minster - a stunning gothic church

Cycling to the RSPB reserve at impressive Bempton Cliffs and trying to spot a puffin

Popping in to Burton Hall, a beautiful Elizabethan manor house, for a cup of tea

### Example 3-Day Itinerary

**Day 1.** Arrive in Beverley and stay overnight in a very comfortable bed and breakfast or hotel. You can enjoy the local hospitality and soak up the atmosphere in this lovely historic market town.

### Day 2. Beverley to Malton - 59 miles/95 km; 1100 metres of ascent

Your journey begins at Beverley Minster, a stunning gothic church which towers over the centre of the pretty, historic Yorkshire market town. Equipped with a set of comprehensive maps, detailed directions and some top tips from our expert guides, you're ready to set off on your cycling journey. It's quite a long day in the saddle but the gently undulating terrain makes for a really enjoyable ride. You'll pass through Market Weighton and Pocklington, picturesque market towns, as you wind your way through the Wolds. The highest point on the route is reached half way through the day at Bishop Wilton Wold, a height of around 250 metres. Your day ends in Malton, a bustling market town, in rural North Yorkshire.

### Day 3. Malton to Bridlington - 46 miles/74 km; 800 metres of ascent

Your second day in the saddle is a more laid back affair than Day 1. With a shorter distance to cover, and fewer climbs to tackle, there's ample opportunity for some worthwhile detours. Hunmanby Gap is only half a mile from the route and is a stunning sandy cove surrounded by towering chalk cliffs. There's a warm welcome at Bempton Cliffs RSPB centre, where there's the opportunity to spot nesting puffins and, just a few miles before you reach your destination for the night, Flamborough Head lighthouse is worth a visit for stunning clifftop views.

### Day 4. Bridlington to Beverley - 38 miles/62 km; 400 metres of ascent

Your final day is a gentle cycle through the Driffild area of the Yorkshire Wolds. With few climbs ahead of you, you can really take your time and enjoy the fresh air and rolling scenery all the way back to Malton. Well done, you completed the Yorkshire Wolds cycle route!

### Duration:

3 or 4 days of fabulous cycling  
3 or 4 nights of comfortable accommodation

### Total Distance:

236 km or 146 miles

### Includes

- Comfortable accommodation
- Baggage transfers
- Comprehensive maps and .gpx files
- Vehicle back up (fully supported trips only)
- Phone support (self guided trips)

### Available on request:

- Pick up and drop off at public transport links
- Bike and equipment hire
- Accommodation in Beverley at the end of the trip

### Dates:

Self-guided or fully supported cycling trips are available between March and October for groups of 2 or more. Contact us with the dates you have in mind.

### What bike?

The Yorkshire Wolds cycle route can be ridden on a hybrid, road bike or mountain bike. See below for more details.

### To make a booking or for more information:

Email us:

[info@trailbrakes.co.uk](mailto:info@trailbrakes.co.uk)

Phone us: +44 (0)7922 653327  
or +44 (0)141 6286676



## Yorkshire Wolds – Further Information

### Accommodation and food

We use only tried and tested accommodation providers on our trips, many that we have worked with for years, so that we know that you will receive an excellent level of service. They provide everything you could need after a long day in the saddle from bike storage to hot showers, hearty breakfasts and comfortable beds. Accommodation in guest houses and hotels is always on a bed and breakfast basis and trip prices are based on two people sharing a room, unless otherwise arranged. Most of our accommodation is en-suite and we will let you know if it is not possible to book en-suite rooms. Wifi is now also pretty much universal in every location. If you would prefer hostel or bunkhouse style accommodation, breakfast is not included although most bunkhouses can provide meals at an additional charge. Bunkhouses will often have cooking facilities so that you can prepare your own meals if you'd prefer. Wherever you stay you will be able to get an evening meal at a pub or restaurant within walking distance. Lunches can usually be bought during the course of the day as you will be passing through towns or villages. It is advisable to carry plenty of snacks with you each day to keep the energy levels up!

Sole occupancy rooms are usually available in hotels or guest houses so please ask us if you'd prefer to have your own room. A single supplement of £30 per person, per night will apply.

### Clothing and kit

Northern England receives a generally mild climate all year round. The east coast is generally a bit drier but cooler than the west, however conditions can and do change quickly especially on higher and more exposed areas. It can rain at any time of year, sometimes all day and we often get four seasons in a day, so come prepared! A full kit list is available on our website (<http://www.trailbrakes.co.uk/kit-list-equipment-recommendations>) and a list of useful items will also be sent to you when you book your trip with us. General climatic information for York is available here: [http://www.holidaycheck.com/climate-wetter\\_York-ebene\\_oid-id\\_9739.html](http://www.holidaycheck.com/climate-wetter_York-ebene_oid-id_9739.html). Up-to-the-minute weather forecasts for specific regions of the UK are available at the met office website (<http://www.metoffice.gov.uk/public/weather/forecast/>).

It is advisable to bring a small back-pack with you on your trip, in which you can carry spare clothes and basic spares and tools that you might need during the course of a day on the bikes. Alternatively, if you're hiring bikes from us, we can provide pannier bags in which to carry supplies for the day.

### The route

The Yorkshire Wolds cycle route is a new National Cycle Network route, along quiet country roads, purpose built cycle paths and disused railways. This circular route follows quiet country lanes through the rolling scenery of the Yorkshire Wolds. This trip, if completed in 3 days starting and finishing in Beverley, has a **Fitness Grading of 5** which means that you should have a high level of fitness and stamina from regularly taking part in cycling-based activities. You are comfortable riding for up to 6 hours per day. The route is on generally gently undulating terrain but there might be short sections of physically demanding terrain. You can tackle the Yorkshire Wolds cycle route in 4 days to make it a more leisurely trip. Ask us about the options and we'll be happy to help.

### What bike?

The Yorkshire Wolds route is perfect for hybrid or road bikes. It is possible to complete the route on mountain bikes but you may want to fit smoother tyres to help rolling along the country roads. Ask us if you need any further advice.

### Bike hire

It is always more comfortable for you if you can use your own bike but we can provide you with quality hybrid bikes if required, which are a perfect option for the route. They have plenty of gears to help you make it up

those climbs and are supplied with a spare inner tube, puncture repair kit, pump, lock, bottle holder and pannier rack. Pannier bags can also be provided by prior arrangement. If you need to hire a bike, please let us know at the time of booking and we will make sure that we get the right bike for you.

Hire bikes are provided with comfortable touring-style saddles and standard flat pedals. You are welcome to bring your own saddle and/or clipless pedals to make your ride more comfortable. Please note that, if you're taking part in a self guided trip, you may have to change your saddle and/or pedals yourself so please bring suitable tools (a pedal spanner and set of allen/hex keys) with you in order for you to do this.

### **Self guided trips**

Our self guided trips are the most popular choice and are designed for cyclists who are comfortable carrying their own basic tools and spares along with them each day so that they can fix any minor technical issues encountered along the route (punctures etc.). For our self guided trips we will provide you with everything included in our fully supported trips except the vehicle back-up service. We will organise quality accommodation, bag transfers each day, detailed information about the route, official maps of the route, pick-up and drop-off at locations convenient for your travel plans and a comprehensive list of bike shops that are located along the Coast and Castles route. We will always be only a phone call away should you require any additional advice/support so you'll never be truly on your own!

### **Fully supported trips**

Our fully supported cycling trips are designed to provide you with a completely hassle-free biking holiday experience. We will organise every aspect of your trip including quality accommodation, bag transfers each day, detailed information about the route, official maps of the route, pick up and drop off at locations convenient for your travel plans and full support from our friendly, knowledgeable back-up team in case of technical (or physical!) emergencies. We will provide a back-up vehicle full of spares and tools to carry your baggage between your accommodation each day. Our drivers are proficient bike mechanics so will be able to help you out with common technical problems. If the issue is a bit more serious, they will be able to take your bike to a local bike shop for some TLC. Their main aim is to keep you and your bike on the road!

### **Transport and baggage transfers**

We are always happy to help you to get to where you need to be as quickly and easily as possible. We can provide transfers from any local airport, train or bus station or ferry terminal to your accommodation at the beginning of your trip and back again at the end. Just let us know where and how you intend to arrive at your destination and we will arrange a pick-up for you. Please note that an extra charge may apply to cover fuel costs.

We transport your bags between each night's accommodation during your trip, leaving you free to carry a small day-pack containing some spare clothes, food and drink. Please note that baggage should be limited to one bag per person, not exceeding 20kg per bag unless prior arrangements are made.

### **Any questions?**

We've tried to cover everything on our website and this information pack but if you'd like some further information or want to ask us anything at all about our biking trips please don't hesitate to contact us on the details below:

Email: [info@trailbrakes.co.uk](mailto:info@trailbrakes.co.uk)

Phone: +44 (0)7922 653327 or +44 (0)141 6286676

**We look forward to seeing you on one of our fantastic biking adventures!**