



7stanes Connect

Summary

A trailblazing new route for Trailbrakes, linking the world class 7stanes with Drumlanrig Castle trails and miles of fantastic wilderness riding! Following old railways, forestry trails, bridleways, quiet back roads and ancient drove roads through fantastic scenery, we link all of the Galloway 'stanes' in four of the best days you could imagine! If you'd like to extend your trip to include Glentress and Innerleithen, the fantastic trail centres in the Scottish Borders, let us know and we'll send you our 6 day/7 night itinerary.

Highlights

Riding the award winning, free flowing Kirroughtree trails
Travelling through the stunning scenery at Glentool
Awesome wild trails in the Lowther Hills
Stunning coastal route to Dalbeattie
Option to extend the trip to take in the jewel that is Glentress and Innerleithen!

Detailed itinerary

Day 1. Check into your accommodation and get your gear organised for the coming few days. If you're feeling restless then head out for a warm up on some of the breathtaking trails at Kirroughtree.

Day 2. The day starts with a grin-inducing blue trail at Glentool, that you'll want to do again and again. But we must press on through some of southern Scotland's most stunning scenery through Glentool. Some remote miles bring you to the second half of Kirroughtree's award winning trails – what a way to finish the day!

Day 3. Today starts where you left off yesterday with the first half of those fabulous trails at Kirroughtree ending at the challenging Mcmoab – you won't want to leave! But again we press on through many remote miles to the top of the Ken Valley, onto some hidden trails before a scenic natural trail section that takes us to Sanquhar.

Day 4. A gentle meander to start the day following the river Nith to the Drumlanrig Estate where the peace gets well and truly shattered by the fantastic rooty singletrack that weaves its magic through the forest for 10 km before spitting you out! A challenging route then takes you through the wild Lowther Hills to the awesome Ae Forest trails. Big climbs are rewarded with big descents then a gentle cycle path spin to let you come down from the adrenaline high!

Day 5. From Dumfries you have a single track laden day ahead. First port of call is Mabie Forest with some of the most flowing trails you will find anywhere. Continuing south you will reach the coast for a much needed calm few kilometres before taking on the finale of Dalbeattie's trails. With amazing grippy granite and some fabulous man made features, there

Duration:

5 nights' accommodation
4 days' biking
Please contact us if you're interested in taking in trails at Innerleithen and Glentress on a 6 day/7 night trip

Average Daily Distance:

40 miles or 63 km

Includes:

- 5 nights' accommodation
- Baggage transfers
- SMBLA qualified expert guide or comprehensive maps and directions
- Vehicle back up
- Transfers and transport as required

Available on request:

- Pick up and drop off from public transport links
- Bike and kit hire

Grade:

Trip can be tailored to suit ability:
Fitness Grading: **4**
Technical Grading: **Blue/Red**

Price:

From £340 per person – See the full price list on the '7stanes Connect' page

Dates:

Guided or self guided trips are available all year round for groups of 2 or more. Contact us with the dates you have in mind.

If you are travelling individually, please contact us to find out about available dates.



7stanes Connect

Accommodation and food

We use only tried and tested local accommodation providers who we know will give you a good quality service. They provide everything you could need after a long day in the saddle from secure bike storage to hot showers, hearty food and comfortable beds. **Luxury** accommodation is in a hotel of your choice from one of the many top class hotels available throughout the trip. **B & B** accommodation is in biker friendly B&B's or small inns and is on a bed and breakfast basis. **Bunkhouse** accommodation is in bunkhouses or hostels and is on a self catering basis. Wherever you stay there will be access to shops, restaurants, pubs and hotels.

Climate and weather

The south of Scotland is usually fairly mild all year round by Scottish standards! We have a typically maritime climate and conditions can and do change quickly especially in the hills. Light waterproof and windproof layers are advisable.

The trails

There is a huge range of different trails on this trip, including every type of man made trail imaginable. Because of the diversity of routes at each trail centre, we really can tailor the trip to suit all levels of rider. The connecting trails are a mix of purpose built cycle paths, old drove roads, forestry trails and quiet back roads. The surfaces are all generally hard packed or rocky.

Guided trips

Our guided trips are designed to give you a hassle free way to enjoy amazing biking on well planned routes. We include a qualified SMBLA guide who can help with aspects of your riding, giving you tips as you ride and helping you to take on more challenging features. They can also take you on the best trails including hidden trail sections. As well as navigating for you, our guides also carry sufficient spares and tools to help you keep rolling in the event of a mechanical problem. First aid trained, they will also make sure you are well looked after on the trails.

Self guided trips

Experience the same great trails and accommodation as on the guided trips but without the support and knowledge of a guide. We will still do all of the organising for you and you'll be provided with comprehensive trail maps, advice, transport, baggage transfers and a full itinerary. There will always be someone on the end of the phone in case of emergencies.

Vehicle support

Whether you go guided or self guided, there will be a back-up vehicle available to carry your baggage. Plus if you have any mechanical problems you can get assistance or if you just need to take it easy for a section, the vehicle will be there to help.

Bike hire

We work with local bike shops to provide you with the latest bikes for hire. There are a full range of bikes from standard hard-tails to flashy full-sussers! If you need to hire a bike please let us know at the time of booking and we can make sure to get the right bike for you. If you're bringing your own bike it is a good idea to check how you will get it to the start point, especially if travelling by public transport.

Transport and baggage transfers

We transport your bags between each night's accommodation leaving you free to carry a small day-pack with some spare clothes, food and drink. We can also help as much as possible with transfers to and from the airport/train/bus station at the start and the end of the journey. Again just give us as much notice as possible.

Clothing and kit

Dress for the weather in Scotland! We often get 4 seasons in a day. Check out the kit list on the website or contact us for more detailed advice if you are not sure what to bring.